

**Eschpark-Aikido in SV Gr. Hesepe**

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Aikido

**Anniversary:**

## **10 years of Aikido in SV Gr. Hesepe**

The first Aikido training in SV Groß Hesepe took place on March 2nd, 2014. We're celebrating this with a big weekend seminar with

### **Tatsuo Toyoda Sensei (6th Dan)**

The Aikido group of the SV Gr. Hesepe cordially invites everyone who is interested to the

### **Anniversary course**

from Thursday, April 25<sup>th</sup> to  
Sunday, April 28<sup>th</sup>, 2024, to be there in Eschpark!



We are very pleased that Toyoda Sensei will be teaching Aikido with us for a whole weekend - like last year!

Tatsuo Toyoda Sensei is the president of the Aikido Association International (AAI), a worldwide professional association for the dissemination of Aikido. He has his own dojo in Chicago, but teaches Aikido worldwide.

## Here are the details:

### Training

<b>Thursday</b>	<b>6:00 p.m. to 8:00 p.m.</b>	<b>All</b>
<b>Friday</b>	<b>10:30 a.m. to 12:30 p.m.</b>	<b>young people and adults</b>
	<b>1:30 p.m. to 2:30 p.m.</b>	<b>children</b>
	<b>3:00 p.m. to 5:00 p.m.</b>	<b>young people and adults</b>
<b>Saturday</b>	<b>10:30 a.m. to 12:30 p.m.</b>	<b>young people and adults</b>
	<b>1:30 p.m. to 2:30 p.m.</b>	<b>children</b>
	<b>3:00 p.m. to 5:00 p.m.</b>	<b>young people and adults</b>
<b>Sunday</b>	<b>10:30 a.m. to 12:30 p.m.</b>	<b>All</b>

**If you have them, please bring Jo, Bokken and Tanto with you.**

**Where**      **Gymnasium of the Ludgerischule,**  
49744 Geeste - Groß Hesepe, Ludgeristr. 11

**Who**            **open to Aikidoka of all associations**

**Cost**            100 € for adults (20 € per unit)  
50 € for young people under 18 years (10 € per unit),  
15 € children under 12 years (5 € per unit)

### Overnight accommodation options

a) Hotels:

Gasthof Aepken,  
49744 Geeste – Dalum,  
Wietmarscher Damm 10,  
Tel. +49 (0) 5937 98750

[www.aepken.de](http://www.aepken.de)  
[info@aepken.de](mailto:info@aepken.de)

Approximately 4.5 km from the dojo.

Hotel Zur Krone,  
49744 Geeste,  
Osterbrocker Str. 106,  
Tel. +49 (0) 5907 947690

[www.hotel-krone-geeste.de](http://www.hotel-krone-geeste.de)  
[info@hotel-krone-geeste.de](mailto:info@hotel-krone-geeste.de)

Approximately 7.5 km from the dojo.

Hotel Tiek GmbH,  
49716 Meppen  
Junkersstrasse 2,  
Tel. +49 (0) 5931 495290

[www.hotel-tiek.de](http://www.hotel-tiek.de)  
[info@hotel-tiek.de](mailto:info@hotel-tiek.de)

Approx. 14.5 km from the dojo.

Please make sure you reserve the hotel rooms yourself! Early reservation is recommended!
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b) The parking lot at the gymnasium (dojo) can be used for mobile homes.

c) It is possible to set up your own tent on the Eschpark site.

d) It is also possible to spend the night on the tatami. Please bring a sleeping bag.

Near the dojo (approx. 150 m away) there is a supermarket with a small bakery. The overnight accommodation options under b) to d) are **free of charge**, prior registration is not necessary.

## **Sequence**

All activities take place in the clubhouse or in the additional tent (directly behind the dojo).

On **Thursday**, after training, there will be a cozy meeting from around 8:30 p.m. and there will be a barbecue. Food and drinks free. We ask for a small donation to the club's coffers (Recommendation: 10 €/person).

On **Friday** lunchtime there will be coffee, tea and other drinks as well as cakes and sandwiches. The costs for this are included in the course fee.

We meet in the evening from around 6:00 p.m. A cold buffet will then be available. Food and drinks cost a flat rate of 20 €/person.

From **Saturday** lunchtime there will be supplies in the clubhouse or tent, just like on Friday lunchtime.

In the evenings from around 6 p.m. there is a cozy get-together. Food is provided by a caterer (warm buffet). Food and drinks cost a flat rate of 25 €/person.

A vegetarian option is also available for meals on all days.

### **Important:**

Registration is required for meals on Thursday, Friday and Saturday. Otherwise we can't plan! We therefore ask you to fill out the attached form and send it to us by email by **April 12, 2024**.

No registration is required for the course itself.

**We look forward to a nice Aikido weekend with you!**

Warm greetings from Eschpark!

*Andrea and Martin Moss*